

Name: \_\_\_\_\_ Grade Level: \_\_\_\_\_

# Harris Road Middle School Band Practice Record

Practice Records are due on **Mondays**. Students are required to practice a minimum of 100 minutes a week spread out over a minimum of three days. Students should write in the number of minutes practiced per day. Practice Records must have parent initials to receive a grade. **Parents, please sign on Sundays only!**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Total Minutes	Parent Initials
Week 1									
Week 2									
Week 3									
Week 4									
Week 5*									
Week 6									
Week 7									
Week 8									
Week 9									

Bonus points: Play a playing test for your parents and have them initial here: \_\_\_\_\_

## Practice Tips and Ideas:

### 1. Warm-up (5 Minutes)

Start slow, work on breathing and a good sound.

**Brass**—Long tones, lip slurs, scales

**Woodwinds**—Long tones, finger exercises, scales

**Percussion**—Bounces, single strokes, rudiments, scales on mallets

### 2. Review: (10 Minutes)

Part of a song you know really well and something we worked on in class recently.

### 3. Class Assignments (15 Minutes)

Work slowly using a metronome. Check for correct Articulation and correct key signature.

Record yourself and listen to it. Practice specific trouble spots- go slow enough not to allow any mistakes.

## Practice Strategies: Check off the ones you used.

- |  |   |
|--|---|
| <input type="checkbox"/> Check the notes and rhythms before I play   | <input type="checkbox"/> Check the key signature              |
| <input type="checkbox"/> Practice small chunks of the difficult parts of the music   | <input type="checkbox"/> Use a metronome and a tuner          |
| <input type="checkbox"/> Play harder parts more slowly, gradually build up speed   | <input type="checkbox"/> Use Google Classroom to get feedback |
| <input type="checkbox"/> Record myself and listen to myself playing  |   |
| <input type="checkbox"/> Listen to a recording of the piece being played correctly (you can use <a href="http://jwpepper.com">jwpepper.com</a> ) |   |

**How's it Going? – complete this at the end of the 9 weeks:**

What are you doing really well?

What are two areas that you would like to improve?

What problems are you running into while practicing?

On a scale from 1 to 10, how much did you improve? (1= no improvement, 10= significant improvement)

List two new goals for the next 9 weeks: